



# Annual Report 2021-22



V-Excel Educational Trust  
10 Tiruvengadam Street, R.A. Puram, Chennai 600 028, India  
[v-excel.org](http://v-excel.org)

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# Founder-Director's Message



This was another year that began tentatively but ended up with immense promise and hope. We built on our strengths, stayed the course, fostered partnerships old and new, and in many ways are better rooted than ever before.

V-Excel Educational Trust is now 20 years old. We have stayed aloft, despite the recent impositions brought on by the pandemic. Our network of well-wishers and donor-partners, and the immense goodwill generated from these, continues to grow and thrive.

We were able to seamlessly transition from online learning to on-premises classes, while also adhering to safety and hygiene protocols. Attendance is picking up and there have been consistent inquiries for admissions to our programs. We continue to explore partnerships in Tier II and Tier III towns and are working on expanding our footprint to a few more such communities in the near future.

We have been able to offer a variety of programs through our partner organization, Inkle Weave Educational Training Services, and the demand for these has been steadily increasing. They cover teacher training, professional counseling and parent programs. We have also expanded the range of products made by our trainees across the organization and have been able to exhibit and sell them at many events.

My belief in V-Excel being touched by divine grace has only strengthened. The future is bright and we are driven by the commitment we have made to all our beneficiaries.

This Annual Report is an encapsulation of the highlights and milestones of the year. We hope you are as inspired by them as we are. Thank you for your continued support, faith, trust and generosity.

With immense gratitude,

**Dr. Vasudha Prakash**

# Organization Profile



GuideStar India Certifications: Gold FY 2014-15, FY 2015-16, Platinum FY 2016-17, FY 2018-19, FY 2019-20  
Subject to validity of registration under IT, FCRA and registration as NPO

V-Excel Educational Trust is a non-profit, non-discriminatory NGO committed to the lifespan education and empowerment of children and young adults with developmental disabilities. V-Excel was founded in 2001 by Dr. Vasudha Prakash, herself a Special Educator and Clinical Psychologist. She has an able team of experienced multi-disciplinary professionals comprising of special educators, therapists, counselors, skill trainers, among many others. V-Excel has impacted over 85,000 individuals with special needs and their families across India.

The Trust now has 14 centers, each offering a range of individualized, customized and contextualized developmental services.

V-Excel's mission is to make a difference in the world of disability. Its core philosophy is that every individual has the potential to learn; and so, V-Excel's program focus on abilities, not disabilities. With a goal of effective inclusion, V-Excel educates and empowers individuals with developmental disabilities to be dignified, independent, contributing members of mainstream society. The organization and its Founder have been recipients of many awards.

V-Excel is a unit of Sringeri Sri Sharada Peetham Charitable Trust, and is headquartered in Chennai, India.

Date of Establishment : 29 Aug 2001  
Registered as a Public Charitable Trust  
Registered under FCRA (Regn. No.  
075901092)  
PAN : AAATV3623Q  
12AA : 374/2001-02  
80G : DIT( E ) No. 2(445)/01-02  
Donations to V-Excel Educational Trust are  
eligible for tax exemption under section  
80G of IT Act  
A unit of the Sringeri Sri Sharada Peetham  
Charitable Trust

Financial Auditors  
P.S. Subramania Iyer & Co.  
Chartered Accountants  
Jayashree Apartments,  
New No. 60, Old No. 39, 2nd Main Road  
Raja Annamalai Puram  
Chennai 600 028

# Mission, Vision & Goals

## VISION

To promote the social inclusion and societal participation of individuals with intellectual and cognitive deficits, across all age groups, under an umbrella of resources and services.

## GOALS

TO: provide lifespan services, education, resources and opportunities for social inclusion to individuals with special needs.

FOR: individuals with special needs, especially those on the autism spectrum and those with mild to moderate intellectual deficits and cognitive disabilities.

SO THAT: we are able to promote social inclusion through the development of equal opportunities and resources between people with and without disabilities.

BY: providing an umbrella of vital services that are essential for any child with special needs, covering early intervention, schooling, counseling, therapies, vocational training, placements and promoting independent living skills. There is an inherent recognition that one size doesn't fit all and all programs are designed and tailored keeping in mind the individual's abilities.

## MISSION

V-Excel Educational Trust is committed to helping people with special needs fulfill their potential to lead positive, productive and rewarding lives, through:

- Facilitating the development and delivery of treatment therapies, educational programs, training programs, and sports programs and residential and independent living programs
- The development of global outreach programs that will facilitate the sharing of best practices and programs with the global community and beyond
- Understanding the nature of Autism Spectrum Disorder, raising awareness, and promoting the value, acceptance and inclusion of people with disabilities
- Creating awareness, dispensing credible information and striving for public policy initiatives to pave the way for lifelong individualized services
- Training volunteers, professionals, parents and caregivers in disciplines of disability
- Supporting research into the causes of special needs and into the effectiveness of treatment procedures for people with autism and other disabilities

# Programs & Services

Early Intervention for infants, toddlers and preschoolers to identify, remediate and prevent developmental delays and to foster healthy growth

Special schools for motor, self-help, cognitive, psychological and social development

Remedial Intervention provided for students with a disability to help them succeed in the general education setting

Teacher Training Programs

Vocational Training and Placement Services

Outreach Programs

Professional Workshops

Consultations, guidance and counseling for parents on a child's development

Pre-NIOS and NIOS Preparation

# Key Funding Sources



# Spotlight

**Srinidhi Sekaran** joined V-Excel's Youth Empowerment Services (YES) in 2016 when she was 18. She had learning difficulties and was very docile. With a background in home science, she had a natural affinity for baking and kitchen activities in YES. Alongside, she was introduced to basic computer skills, data entry and even graphic designing. She learned all of this with great enthusiasm and followed instructions diligently. Her training was also extended to include front-office and communication skills.

After 2 years of focused training and with the support from her family, she was placed in Hotel Savera's baking unit. Despite the initial hiccups in the transition process, with immense support from the management in Savera and with hand-holding from our side, she settled well and flourished, until the pandemic derailed her career.



Srinidhi was home during the lockdown but actively participated in YES's online sessions. All her skills were fine-tuned and Srinidhi was given opportunities to attend job interviews. In the meantime, she interned at the bakery in Crowne Plaza.

It gives us immense pleasure and pride to share that, today, after going through the interviewing and selection process in Grundfos Pumps, Chennai, Srinidhi was selected to be part of their HR and Admin team. From all of us at V-Excel, we wish her a great future and success in all her future endeavours.

May her journey continue to be paved with successes and she will be an inspiration to all trainees in V-Excel and to the larger community.



# Towards Social Inclusion

Trainee Saravana Prabu S.K. from the Vocational Training Unit (VTU) in Adyar was hired as an intern at the Special Needs Empowerment Hub (SNEH). SNEH creates economic independence for adults with special needs by promoting products handcrafted by them and providing other sheltered employment opportunities.



Trainee Sriram Srinivasan, also from VTU, joined Grundfos Pumps Ltd., in the housekeeping department as an Intern. Prior to joining, he was trained to familiarize himself with the bus route of about 12 km.

Gokulakrishnan Subramani, an alumnus of the Youth Empowerment Services (YES) unit, is now a part of the Front Office in Hotel Crowne Plaza. He had lost his job during the pandemic.

Other trainees from YES included Srinidhi Sekaran who is now in Grundfos, Chennai. She had also been laid off during the pandemic. T.A Hari resumed his job in Blue Lagoon resort.

Ezhilarasan Ramanathan is placed in Super Auto Forge, Chennai as an assistant in the Administration department.

Trainee B. Hariharan began his internship with BSNL at one of their project sites in Nandanam, Chennai.



# Program Highlights

## **Platinum Award for Financial Transparency**

It gives us immense pleasure and happiness to share that V-Excel has, once again, been awarded the Guidestar India Platinum Certification for financial transparency. The award is valid until August 31, 2022.

This was a long and arduous process involving deep scrutiny of all our financial documents and transactions. The certification is a testament to our comprehensive transparency, accountability and good governance practices.

## **Customized training program for medical and para-medical professionals**

On August 26, V-Excel inaugurated a customized training program for medical and para-medical professionals, including Physio and Occupational Therapists, Speech and Language Therapists, and Senior Nurses from Lady Ridgeway Hospital and MJF Charitable Foundation, Sri Lanka. This is the first time a medical group has stepped forth to be trained in the holistic management of children with special needs, especially for Early Intervention for children in the Autism Spectrum. Their goal is to develop a community that can support young parents of children with special needs, medically, therapeutically and educationally. This 40-hour program was jointly funded by the Rotary Club of Colombo Reconnections and Rotary Club of Brisbane. V-Excel conducted this program as an academic partner of Inkle Weave Educational Training Services.



## **"New Beginnings"- Orientation for teachers of MCTM Chidambaram Chettyar School**

The first orientation session of 2021, named "New Beginnings", was held at the MCTM Chidambaram Chettyar School. This was very well received by the teachers of MCTM. The goal of the session was to help children settle back into school routines while keeping in mind their mental and social well being.

# Program Highlights



## The Marketplace at Fika

The children and young adults at V-Excel are involved in creating many beautiful, eco-friendly healthy, creative and useful products. On 30-October-2021, at The Market Place organized at Fika Chennai, many of these products were exhibited. There were many accolades, appreciation and words of support from many who graced the event.

The event was made possible by Ms. Shubha Jagan and her *Pehnava* team.

## A Global Perspective for the Sustainable Development of a person with Disability

Women Economic Forum (WEF) fosters conversations, community, connections and collaborations among women worldwide. WEF is the forum arm of ALL Ladies League, the Largest global women chamber in the world with over 1,000 chapters and an outreach of 1,50,000 inspiring women in 150 countries.

At their Annual forum of 2021, held in Bangalore on December 10, Dr. Vasudha Prakash, was the moderator of the topic "A Global Perspective for the Sustainable Development of a person with Disability".

**WEF**  
WOMEN  
ECONOMIC  
FORUM

**Global Digital**  
Annual Women Economic  
Forum 2021  
Bangalore, India  
December 10  
www.wef.org.in

**MANJU SINGHANIA**  
Co-founder & Director  
Joy of Learning Foundation  
India

**SHALINI CHAUDHRI JACOB**  
Program Manager  
Eshika India  
India

**BALA NARAYAN**  
Engineering, IIT & IISc Education Support  
Independent Consultant  
India

**MEENU BHAMBHANI**  
Vice President, Incent of Corporate Citizenship and  
Inclusion and Diversity, APAC  
8500 Street  
India

**DR VASUDHA PRAKASH**  
Founder & Director  
V-EXCEL EDUCATIONAL TRUST  
India

Date: Friday, 10 December 2021  
India Time: 2:30 pm - 3:20 pm  
Track 4 Session P 43

Topic: A Global Perspective for the Sustainable Development of a person with Disability

# Program Highlights

## Indo-Israel Webinar



**Indo Israel Study Group**  
1st Webinar  
organised to commemorate  
**Lt Gen J F R Jacob's Centenary Year**  
On Sunday, 5 September, 2021  
at 14:00 hrs (Israel) / 16:30 hrs (India)

To understand the exceptional work done by the following Charities at multiple locations in India  
**Gabriel Projects Mumbai**  
Speaker: **Jacob Sztokman (Israel)**,  
Founder Director  
&  
**V-Excel Educational Trust**  
Speaker: **Dr Vasudha Prakash (Chennai)**,  
Founder Trustee  
Followed by Q&A

Israel	Programme Schedule	India
13:45 - 14:00	Log-in for Informal Introduction	16:15 - 16:30
14:00 onwards	Welcome Address and Tune About the Indo Israel Study Group Introduction of Jacob Sztokman About Gabriel Project Mumbai Introduction of Dr Vasudha Prakash About V-Excel Educational Trust	16:30 onwards
15:00 - 15:30	Closing Remarks and Q & A	17:30 - 18:00

The Indo-Israel study group had their first webinar on 5th September 2021 to commemorate Lt. Gen. J.F.R. Jacob's Centenary year. (Lieutenant General Jack Farj Rafael Jacob, PVSM, was a General officer in the Indian Army. He was best known for the role he played in the creation of Bangladesh in the Bangladesh Liberation War of 1971.)

The webinar's focus was to understand the exceptional work done by the charities Gabriel Projects (Mumbai) and V-Excel Educational Trust (Chennai). The main speakers of the webinar were Mr. Jacob Sztokman, Founder Director of Gabriel Projects, who joined from Israel and Dr. Vasudha Prakash, Founder Trustee of V-Excel.

## Panel discussion

WICCI Tamil Nadu Diversity & Inclusion Council presented a panel discussion on the topic "Pandemic Effects on Forgotten Few". Dr. Vasudha Prakash was a featured speaker. The event was held on Saturday, August 28, 2021.



**WICCI Tamil Nadu Diversity & Inclusion Council**  
PRESENTS  
**Pandemic Effects On Forgotten Few**  
**WICCI**

**Speakers:**

- Vivek Harinarain**  
IAS (R)  
**SKILL DEVELOPMENT**
- Sakina Ansari**  
President, WICCI National Council for Handloom  
**HANDLOOM & WEAVERS**
- Girijashankar Sundaresan**  
Carnatic Vocalist  
**MUSICIANS & ARTISTS**
- Dr. Vasudha Prakash**  
MD, V-Excel Educational Trust  
**SPECIALLY ABLED**
- Dr. Ramya Sampath**  
Consultant, Psychiatrist  
**PSYCHOLOGICAL IMPACT**

**Hosted By:**

- Dr. Malabika Mitra**  
President
- Padmavathy S.**  
Vice President

**Council Members:**  
Sangeeta Harinarain, Garima Sinha, Malini Sangeneni, Dr. Vasudha Prakash, Sudha Sudeep, Aparna Bubna, Premila Jain, SriLaskhmi Bansidhar

**Tech Support:**  
IBN Tech Solutions Pvt. Ltd.

**28 August, Saturday**  
11:00 AM to 12:30 PM  
Zoom Code: 892 2164 4209 Pin: 933324

**Digital Volunteer:**  
Aarush Sinha

# Program Highlights

## Craft Bazaar



The craft bazaar has paved its way for the vocations for next year to emerge. Woodwork with gardening products and making eco-friendly containers with coconut shells, jewellery, candles, a lot of fabric related products where children hand stitch and machine stitch and use their needles skillfully.

When the simple skills of life of using hands meaningfully are done with love and beauty, the simple skill is transformed into a capacity of a higher nature. The children find that their hands can create and creating is the highest human expression of their spirit. Friends and families placed their orders and most limited-edition items were sold out within the week. We seek your continued patronage.

## World Autism Awareness Day

VTU trainees created awareness by holding placards detailing precautions to be taken during the pandemic and distributed masks to the general public passing by our center.

Trainees at YES advocated for social inclusion. by making a collage of relevant quotes.



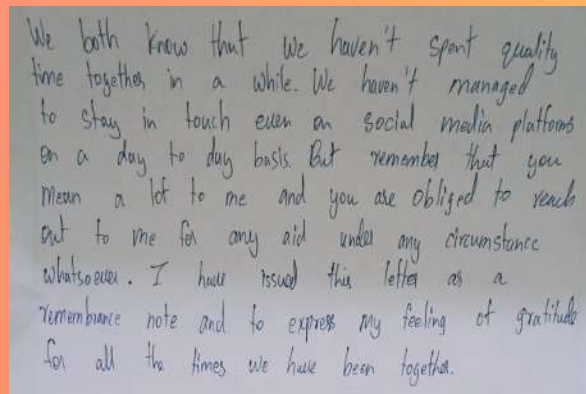
# Program Highlights

## World Letter Writing Day

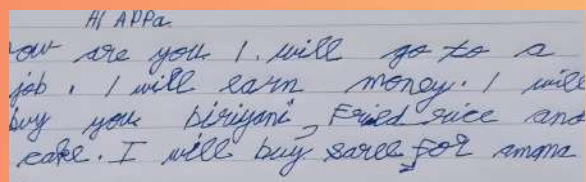
September 1 is a day to celebrate hand-written letters and connections.

The trainees at YES wrote letters to someone they loved and cared for. The Center Coordinator, Gayathri Suryanarayanan, spoke to them about letter writing day and how communication has been and transformed over the decades. She asked each trainee to write a letter, in any language and in any form, text or drawing.

The output was very special with some letters being brief and others running into pages.



We both know that we haven't spent quality time together in a while. We haven't managed to stay in touch even on social media platforms on a day to day basis. But remember that you mean a lot to me and you are obliged to reach out to me for any aid under any circumstance whatsoever. I have issued this letter as a remembrance note and to express my feeling of gratitude for all the times we have been together.



Hi APPA  
You are you I will go to a job. I will earn money. I will buy you biriyani, Fried rice and cake. I will buy saree for Amma.



On the occasion of World Disability Day  
Let us dance, swing and sway  
to the beat of  
**Tumbak-a-Tumba**  
An evening of joyous music, rhythm and fun by  
**V-Excel Educational Trust's**  
**Blue Blue Sky Choir**

 in collaboration with   
**Anil Srinivasan and Vedanth Bharadwaj**

Date: December 4, 2021  
Time: 5:00- 6:30 pm  
Venue: Olcott Memorial School  
Besant Nagar, Chennai

Free Entry!  
Contact Aparna:  
99200 35913  
044- 24956373

Sponsored by **THE RAMCO CEMENTS LIMITED**

 V-Excel Educational Trust  
#10/23, Thiruvengadam Street, R.A. Puram, Chennai- 600028  
www.v-excel.org www.facebook.com/freehearts instagram.com/vexceleducationaltrust

## Free concert 'Tumbak-a-Tumba'

A free music concert featuring the Blue Blue Sky Choir and musicians Anil Srinivasan and Vedanth Bharadwaj spread cheer and brought smiles.

# Program Highlights

## Annual Day Celebrations in Solapur

On Saturday, 19th March 2022, the Solapur center celebrated its Annual Day. Dr. Rohini Deshpande (Gynecologist) and Mrs. Jayashri Yadav (Teacher) were our chief guests.

The cultural show began with welcome song followed by a dance on *Ganesh Vandana*. There were songs and dance performances by students and staff.



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## International Women's Day 2022

At the Solapur center, a theme-based was organized in which all were dressed in South Indian attires. We invited Mrs. Urmila Agarkar a special parent and author of the book *Mani-Manasi* as chief guest.

In Chennai, the children of the EI unit made greeting cards with paintings of their thumb impressions.

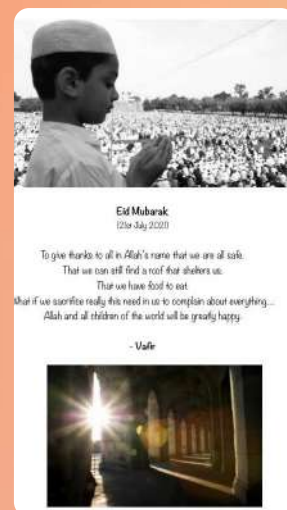
Youth Empowerment Services (YES) celebrated Women's day in style with female trainees and staff members dressed in red, the colour of energy!



# Program Highlights - Celebrations

Festivals are to Indian culture what spices are to Indian cuisine, the most important forms of celebrations! One of the main reasons why diversity, thy name is India, is such a famous line is because of the gusto and enthusiasm by which we celebrate all famous festivals in India. Be it ringing in Christmas or lighting up the halls with *diyas* in Diwali, each and every festival in India is welcomed with big celebrations and unison of cultures.

At V-Excel celebrating the seasons and the festivals brings togetherness and the joy of oneness. Inclusion in Diversity.





# Program Highlights - Field Trips

Several units in V-Excel undertook field trips that combined learning with social inclusion. Students and staff visited several popular attractions such as the Chennai Rail Museum, Poompuhar, St. Thomas Mount, Birla Planetarium, Senmozhi Poonga, Sampradaya Goshala and the Cholamandalam Artists Village.



# Awards & Accolades

The Thursday Ladies Club routinely makes donations to various organisations, every year, on different occasions to recognize them for their services to society.

This year, as in many years past, the club made a donation to V-Excel on November 14th, to commemorate the club's Founders Day on November 14. Our heartfelt thanks to the Founder, Mrs. Sudha Seshadri, and to Mrs. Kantimathi (Jaya) Subramanian and to the Thursday Ladies Club for being such staunch supports of our cause.



## National Science Painting Competition

United School Organization (USO) based in New Delhi organized a national level painting competition for persons with special needs. From YES, 9 trainees participated. The theme for this year was 'How to build a better and green future'

Of the 9 participants, two were selected as winners in the High Support and Individual categories. They were Vidya Meenakshi Srikanth and Arvind Ravi.

Arvind's art work is displayed on the left, while Vidya's graces the last page of this report.



# Board of Trustees



Padma Shri  
Dr. V.R. Gowrishankar  
Chairman



Dr. Vasudha Prakash  
Founder Director



CA G. Rajagopal  
Trustee



Radhakrishnan Iyer  
Trustee



Kandaswamy Bharathan  
Trustee



Prakash Natarajan  
Managing Trustee

# Board of Advisors

N. Ravi – Director of Kasturi & Sons Ltd., former Editor-in-Chief, The Hindu

S.S. Rajsekar – Managing Trustee, National Agro Foundation

Dilip Kulkarni – Social Worker & Philanthropist

B. Sundari – Trustee Emeritus, Former Correspondent – Padma Seshadri Bala Bhavan

Dr. Rubina Lal – President of the Autism Society of India

Prof. Anand Jagadeesan – Academician Padma Bhushan

Dr. T. Ramasami – Former Indian Science and Technology Secretary

Sudeep Sangameswaran – Managing Director, Paques International

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# Leadership Team

Ajita Panshikar – Executive Director

Gita Bhalla – Associate Director

Usha Rajagopal – Program Director – Vocational and Rehabilitation Services

Jayanthi Vishwanath – Regional Director (West)

Jayadevi Jayaprakash – Counseling and Assessments

Lekshmi Ramesh – Coordinator – Remedial Center

Gayathri Suryanarayanan – Center Coordinator – Youth Empowerment Services

Sivaprakash Balasubramaniam – AGM – Administration



# Get Involved

## AS INDIVIDUALS

Join us to be part of a movement for change. Be an advocate for the rights of individuals with special needs. There are a number of ways you can show your support:

- **VOLUNTEERS**
- Our volunteers work 'behind the scenes', supporting the work of our members and helping with our administration. You don't have to be a member to volunteer with us.
  
- **DONATE**
- Donations are vital to our work. Your gift to us is an investment in hope. Each year we help hundreds of families from all over India cope with the effects of Autism, Autism Spectrum Disorders, Pervasive Development Disorder (PDD), and other developmental challenges. Thanks to the generosity of donors, so many children will regain limitless possibilities, so many families will regain hope, and so many who previously felt hopeless will learn to open doors they never knew existed.
  
- **FUNDRAISE FOR US**
- Having a disability or raising a child with a disability can be challenging. At times it can be stressful, especially because special needs often translate to additional expenses that are foreign to most people. But people in your network may step forward to help, but may not know what you need, and they can't get involved if they aren't asked. Beyond the simple ask, you want to make it easy, and there is nothing easier than contributing online.



### **AS CORPORATES:**

- Strategic philanthropy through charity donations
- Cause-marketing initiatives
- Events and sponsorships
- Innovations and project solutions for children

# Media

## Mangayar Cholai

Dr. Vasudha Prakash spoke about Intellectual and Cognitive Disabilities on the program Mangayar Cholai which aired on Doordarshan Podhigai on April 25, 2021.

<https://www.youtube.com/watch?v=JDhPUJG1fyY>



The December 1, 2021 issue of Magalirmani, the supplement of the newspaper Dhinamani, featured an article about V-Excel and Dr. Vasudha Prakash

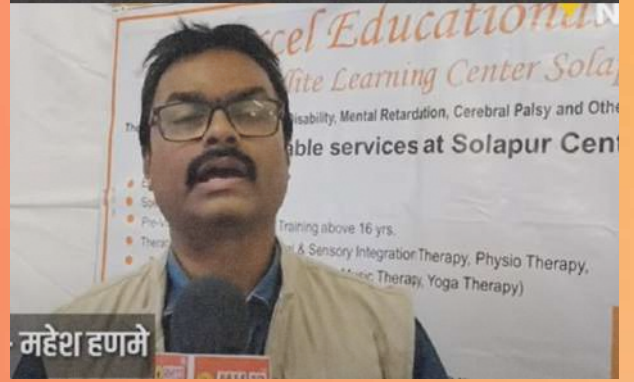
The 30States issue of February 2022 featured an "up close and personal" feature on Dr. Vasudha Prakash

# Media

## Taare Zemeen Par

The Solapur center and the work that is being done there were featured in a video (link below) titled "The Angels working for Special Children in Solapur."

<https://www.youtube.com/watch?v=bOKvGF74LeI>



## Tarun Bharat

The Solapur center and the work that is being done there were also featured in the daily newspaper, Tarun Bharat.

डोळ्यांची विचित्र हालचाल करणे बाह्य जगाशी काही संबंध न ठेवणे, स्वतःमध्येच मग्न असणे अशी आहेत अशा बालकांचा सर्व करून त्यांना शैक्षणिक व उपचार प्रवाहात आणण्याचे कार्य करत आहेत.

तेरा वर्षापूर्वी पालकांच्या सहकायनि व त्यांच्याच पुढाकारातून या फाउंडेशनची सुरुवात झाली. छोट्या शहरांमध्ये उपचार पद्धती उपलब्ध नसतात, तसेच आर्थिक परिस्थितीही नसते अशावेळी मोठ्या मल्टीपर्सनल शहरात जावे लागते. याची गरज ओळखून सजगता म्हणून पालकांचा आर्थिक व भावनिक हेळसांड होऊ नये याचा विचार करून चेन्नईच्या मुख्य सेंटरच्या मार्गदर्शनाखाली सोलापूरमध्ये हे सेंटर कार्यरत आहे.

० ते ३ वर्षे व ३ ते २५ वर्षापर्यंत विद्यार्थी येथे सहभागी आहेत. प्रत्येकाच्या स्वमग्नतेचा विचार करून विविध प्रकारचे उपचार व प्रशिक्षण तसेच डॉक्टरांचे व्याख्यान मार्गदर्शन यांचे आयोजन होते. विद्यार्थी पालकांसाठी मिळून उपक्रम, समुपदेशन घेतले जातात सण-उत्सव विद्यार्थी पालक तणावमुक्त राहून साजरे करतात. इथे फक्त शाळा नसून उपचार पद्धतीचा अवलंब होतो. चार ४:१/१:१ अशी विद्यार्थी व शिक्षक रचना बनवून मुलांना प्रशिक्षण दिले जाते. विशिष्ट पद्धतीच्या खेळण्याचा वस्तूंचा वापर केला जातो. सतत तेच तेच सांगणे, बिंबवणे हे करून घेतले जाते. बयोगटानुसार स्वमग्नता व प्रगतीचा विचार करून ट्रेनिंगमधून पणत्या, मेणवत्या ग्रीटिंग कार्ड, ...

**एक हात मदतीचा**

# Testimonials

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*Counselling has made a significant improvement to the way I interact with the world, and more importantly, with myself. I am in the process of unlearning many of the routine patterns of thought that once served me but are no longer contributing to my well-being. Interestingly, learning to place myself at the centre of my universe feels valid and long overdue in my journey to become more authentic to my own unique self. I have remarkably less episodes where I feel helpless or bound by the restrictions that society, community or I place on myself. In the areas that I'm unable to change, I'm learning to bide my time, let go or accept the situation for what it is. That, much of this has happened during the COVID pandemic amidst lockdowns is testament to the effectiveness of your counselling.*

*Manish, aged 3½, joined us for therapy and remedial interventions. He use to cry a lot during the first few sessions. I gave him the lock-chair and slowly he started sitting on doing activities. For the first three months, he only interacted with known persons like his therapist and special educator.*

*I was to work on his eye contact, so started showing pictures and objects keeping them at my eye level so that he could look at me. I sang action rhymes and he started enjoying them. I initiated action by pointing to the environmental objects and pictures. He made sound of animals and birds while singing rhymes. Slowly, he started recognizing the alphabets and numbers from 1 to 10 and said common picture names. Then he started telling days of the week and then months. He was also encouraged to imitate simple sentences.*

*Nowadays I am telling him the story - "The Blue Jackal" using story cards. He is trying to retell the story with prompts and is able to answer simple comprehension questions. He can identify numbers up to 50, and is able to interact with all the therapists, special educators, akkas and peers.*

*He has started writing alphabets in order and reading pictures. He also had some behavior issues like throwing objects, adamancy, touching his and others ears etc. After giving therapy activities like interactive play, focus and attention building activities there is a considerable reduction in his behavioral concerns.*



# Financials

## Balance Sheet

Amount in Rs.

Assets as on	31-03-22	31-03-21
Fixed assets	1,03,60,235.04	1,19,97,618.47
Investments	-	-
Loans and Advances	5,04,846	5,04,846.00
Cash and Bank Balances	4,49,47,395.61	3,52,52,959.78
Other Current Assets	6,94,821.26	11,50,086.00
Excess of Expenditure over Income (if any)	-	-
<b>Total Assets</b>	<b>5,65,07,297.91</b>	<b>4,89,05,510.25</b>

Amount in Rs.

Liabilities as on	31-03-22	31-03-21
Trust / Society / Shareholder Funds	-	-
General Fund (Unrestricted Fund)	3,31,21,020.95	2,41,05,212.37
Corpus and Endowment Funds	1,51,20,000.00	1,36,20,000.00
Restricted / Earmarked Funds	-	-
Grant Balances	-	-
Loans and Borrowings	-	5,77,200.00
Current Liabilities and Provisions	7,14,058.30	15,87,289.30
Excess of Income over Expenditure (if any)	75,52,218.66	90,15,808.58
<b>Total Liabilities</b>	<b>5,65,07,297.91</b>	<b>4,89,05,510.25</b>

## Income and Expenditure

Amount in Rs.

Income for the year ended	31-03-22	31-03-21
Donations	3,43,89,998.00	3,14,63,446.67
Consultations and Counseling	-	4,38,800.00
Interest Income	31,71,565.00	17,83,739.47
Excess of Expenditure over Income	-	-
<b>Total</b>	<b>3,75,61,563.00</b>	<b>3,36,85,986.14</b>

Amount in Rs.

Expenditure for the year ended	31-03-22	31-03-21
Employee Benefit Expenses	1,16,96,065.00	93,06,055.00
Depreciation and Amortization Expenses	18,11,676.73	22,92,483.70
Other Expenses	1,65,01,606.53	1,30,71,638.86
Excess of Income over Expenditure	75,52,214.74	90,15,808.58
<b>Total</b>	<b>3,75,61,563.00</b>	<b>3,36,85,986.14</b>

Place: Chennai  
Date: 28.09.2022  
UDIN : 22022276AWFLSD5343

For V-Excel Educational Trust

Authorised Signatory

For V-Excel Educational Trust

Managing Trustee

As per our report of even date  
P.S. Subramania Iyer & Co  
Chartered Accountants  
Firm Reg. No: 0041045  
V.Swaminathan  
Partner  
Membership No: 022276

# V-Excel Network

## Head Office

10/23 Tiruvengadam Street  
R.A. Puram, **Chennai** 600 028  
Tel: +91 44 24956373

(A unit of Sringeri Sri Sharada Peetham Charitable Trust)

50 Sreyes, M.G. Road,  
Shastri Nagar, **Chennai** 600 041  
Tel: +91 44 24521986

(In association with ESVI Sarada Foundation)

90 Luz Church Road  
Mylapore, **Chennai** 600 004  
Tel: +91 44 24983638

(Supported by Dr. Sudhir Krishnamurthi)

Anandam Learning Center  
Anna Street, Gangai Nagar, Kallikuppam  
**Ambattur**, Chennai 600 053  
Tel: +91 98418 19889

Sivapuram Street, Meenakshipuram  
**Tirunelveli** 627 001  
Tel: +91 462 4001668

25/24 Meenakshi Sundaram Street  
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Tel: +91 424 2266068

(Supported by Super Auto Forge)

12 Srinivasa Nagar, 4th Cross  
Thiruvanaikoil, **Srirangam**  
Tiruchirappalli 620 005  
Tel: +91 431 4013533

(In association with Kinchitkaram Trust)

Outreach Remedial Center  
Door No. 110/11, First Floor  
Murugappa Complex  
**Pollachi** 642 001  
Tel: +91 94891 71969

Kanchan Bungalow  
Plot No. 16, Sheetal Society  
Opp. Shankar Nagar  
Takli Road, Dwaraka  
**Nashik** 422 011  
Tel: +91 253 2505371

A26 Indira Nagar  
Vijapur Road  
**Solapur** 413 003  
Tel: +91 217 2305526  
(Supported by Shri Dilip Kulkarni)

Academic Concepts, Inc.  
33 Pine Street  
**East Brunswick**, NJ 08816  
Tel: +1 (732) 619-7944  
(Partner Institution)

## Donate



In India



Outside India

Contributions to V-Excel Educational Trust can be made by cheque/DD/cash at any of the V-Excel branches.  
Use Net Banking/Wire Transfers for online donations at [www.v-excel.org](http://www.v-excel.org)

Donors from India can avail of tax benefits under Section 80G of the Income Tax Act.  
Donors from the USA can avail of tax exemptions under Section 501(c)(3) of the IRS Code.

V-Excel and Academic Concepts are eligible for matching grants in India/USA and to receive foreign funds under FCRA.

Write to [info@v-excel.org](mailto:info@v-excel.org) or visit [www.v-excel.org](http://www.v-excel.org) for details.

# Thank You

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Chennai 600 028, India

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 **Website**

[www.v-excel.org](http://www.v-excel.org)

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**Social Media**

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